

Memory Café Update 25

As at 12th August 2019

Once again, we took our annual trip to the sea-side with a reminiscence box containing all sorts of things from the past. There were two box brownie cameras, one the original type and the second a small black plastic version popular with children. When you consider the smart phone cameras of today you do realize that some things at least have got better. Swimming costumes have likewise got better with Clarice displaying a bikini! We were also treated to hand made woollen knitted swimming costumes which we remember got saturated with sea water and then itched for the rest of the day. Hotels, which actually had electric lighting, on the Torquay Riviera were advertising dinners for a few shillings. It was all a bit different from the package holiday to Spain but it least it did not add to global warming.

Wilfred and Thelma brought in photos of his time in panto and films, including appearances with Beryl Reid and Ken Dodd. In one, he seemed to be having the time of his life being doted on by several well proportion young ladies. Ah, memories!

We were then treated to a session of singing sea and holiday songs ably led by Lesley who encouraged our audience to join in with the appropriate gestures! She was accompanied by Adrian Jacobs on the re-tuned piano that Rotary has paid for. We finished up with ice cream cones just as we enjoyed all those years ago.

Once again, our thanks go to the devoted band of helpers Wenna Hill, Karin Weston, Clarice Warlich, Lesley Izod, Julia Bell, Sam Adby, Leome, David Beardwell and Adrian Jacobs.

It is worth reminding ourselves that by supporting the Memory Café we are providing life affirming social contact over and above and away from the immediate problems of memory loss.

David Izod

12th August 2019