

Memory Café Update 24

As at 8th July 2019

We had a good turn-out of 13 guests and 5 Rotarians in lovely weather. Several came from Margaret House, Barley.

Sam Adby from Margaret House has invited us to attend an open day on Wednesday 17th July when we can probably have a go at their "Magic Table".

This month we had a quiz morning with an opportunity to dig deep into our memories. Clarice arranged a mystery bag in which we were invited to put a note of the best piece of advice that we had received. Of course, points meant prizes and we hope that the chocolates don't cause too many weight problems.



Thanks go to, Karin Weston, her friend Carolin,, Julia Bell, and Clarice Wahlich, Di Charles, Carol Read and, of course Spider, the caring dog.

It is good to report that there is increasing awareness of the problems of dementia and its impact on carers. We had two visitors; Dan Amis who is involved in the building of a new care home in Melbourn and Kate Fraser-Medcalf a clinical psychologist who is involved with Carers in Hertfordshire Support Hub. The Hub meets on the first Thursday of every month at Royston Town Hall, 1030 to 1230.

David Izod

8th July 2019